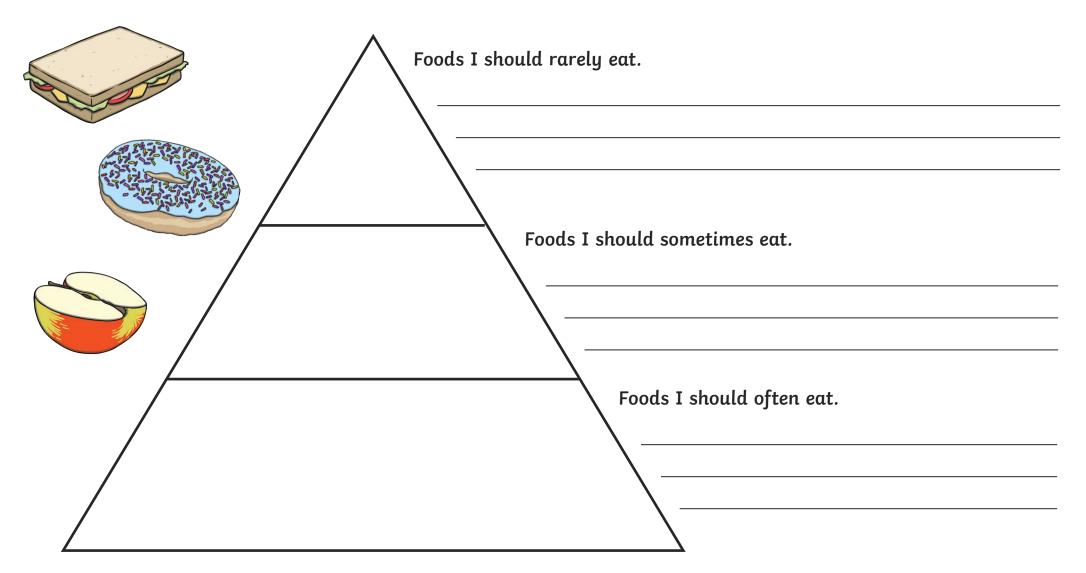
## My Healthy Diet

Find out what makes a healthy diet. Compare your food pyramid with the healthy diet pyramid. Do you have a healthy diet?







## My Food Pyramid

Find out what makes a healthy diet. Compare your food pyramid with the healthy diet pyramid. Do you have a healthy diet?

