

## **Hannah More Family Fun – Swim Information**

This is a fun swim session. There are lifeguards at the pool but no swimming teachers. All children under 8 years must have an adult swimming with them all the time. 1 adult may bring 2 children under the age of 8 as long as they can safely supervise both of them. Children over 8 can come on their own if parents are happy for them to do so. You can drop them off at 6.00pm and collect them at 7.15pm (this includes 15 minutes to shower and change).

Children who come on their own must be confident in the water. Please be aware that other people use the pool and changing rooms before and after us.

**You can bring only one older sibling – this is at the discretion of senior staff. This is a new rule for 2023, based on feedback from families last year.**

You may watch children swim from the gallery but you should not go onto the pool side.

Please remind your child of the guidelines

- Always walk when out of the pool
- Stay in the shallow end unless you are a strong swimmer
- The little pool is reserved for younger children– ball games should be in the big pool
- If the drowning alarm goes off everyone must get out of the pool straight away and go into the shower area until lifeguards allow people back in.