



BRISTOL
CHARITIES



Holy Spokes!
- bike service & maintenance -



Friends of Hannah More were delighted to receive £2000 from Bristol Charities Community Chest Fund, to promote cycling. We particularly wanted to create opportunities for families to gain confidence, learn to ride and gain new bike maintenance skills. We were able to renew the after-school club's bikes as well as buy new trikes for younger children, stock up on helmets, tools, locks and pumps. Plus, we ran a bike maintenance course for a small group of parents in June, with the aim that these people will keep an eye on the school bikes and help with general maintenance and repairs! We were also delighted to signpost some people to the family cycling centre in Hengrove, where we paid for a few children to learn to ride and/or complete their 'bikeability'. It will be especially pleasing to see the longer-term impact of this project. Even better, some additional funding came our way from Five Education, who donated £500, and from some individual donors from Coutts - which helped the grant go quite a bit further.

What we spent ...

£280 - upcycled bikes from Fixx
£1,590 - new bikes and trikes
£510 - Foot pumps, tools, spares, locks, helmets
£60 - DBS checks
£80 - learn-to-ride sessions at Hengrove family cycling centre
£420 - Bike maintenance workshops
Total spend £2,940

What we did ...

We introduced new bike-riding opportunities after school, particularly for those children who would benefit most
We signposted families to weekend and holiday opportunities at Hengrove's family cycling centre
We renewed the bikes at the after-school club and bought bikes and trikes for 4 and 5 year olds to learn on
We invited 'Holy Spokes' to run bike maintenance training, based in the school's community room, to skill-up 4 parent volunteers



@HannahMorePri



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