

Hannah More Primary School Newsletter

7th June 2024



Hello everyone,

There has been a buzz around the school today as we celebrated the many cultures that are represented at Hannah More. There was a huge amount of respect for each other and the cultures and traditions that different communities have. It was great to see all the children dressed in clothes that represent their cultural identity. So many families have put a lot of work into gathering information to share with classes. During our assembly this morning we saw some examples from Year 1 where parents had worked with children to create posters to share. I want to thank all the adults who have come in to talk to the children and brought things for the celebration of food. Hopefully, we will manage to get some photos into the newsletter!

Next week, we have the KS2 Sports Days. On Wednesday, we go to Whitehall for the track races. We would appreciate some parents to walk with us as we have a number of staff that won't be able to walk this year. Please let the class teacher know if you can walk with the children. We will leave by 9.20. On Friday, we have the activities at school. This starts at 10 and will be finished by 11.30. There will be a number of fun group games and activities.

I have spoken to the children this week about behaviour on the playground. Many of our children are very physical and often play can get too rough. We need parents to support our messages that fighting is not allowed. If children are repeatedly being too rough, we might need to consider parents coming in to be with them at lunchtime or sending children home to eat. This is certainly not the majority. I would like to point out that we never have any problems with children in KS1!

Next week, the Year 1 children will have their phonic assessments. They are very good at their phonics and the assessment is something that they will have done many times already this year. Phonic teaching at Hannah More is strong and our children get a great start which launches them to become confident readers.

It is Family Swim again tomorrow. Mrs Barbour will be there with Nasro and I will be going again in a couple of weeks. I hope to see many of you at Sports Day next week or the week after. Have a great weekend.

Mr Hawkins

SPORTS DAYS

Wednesday 12th June 9am-12pm
KS2 @ Whitehall Track
Friday 14th June 10am-12pm
KS2 @ school field
Friday 21st June 10am-12pm
KS1 @ school field

Year 6 Leavers
Performance
Weds 17th July
@ 1:30pm

With the weather getting warmer, please make sure on hot days children are coming to school with

- sun hat
- water bottle
- suncream put on before school

RECEPTION

This week we started our new story 'The Paper Dolls'. We shared our own memories and wrote about things we remember. We also had a visit from Farmer Liz who brought us some eggs in an incubator and we learnt all about what will happen. We are very excited for them to hatch! **At home practise reading your words and reading book - use your story voice!**

YEAR 1

This week we started reading our new class text 'The Smeds and The Smoos'. We made a fruit salad and wrote instructions for others to make it too. We also used descriptive language to create wanted posters. As well as this, we started our new enquiry 'Why were Christopher Columbus and Neil Armstrong courageous people?' and use picture sources and videos to find out about why Columbus is famous. We also learnt to partition numbers to 100. **At home please help with phonics as we have the phonics assessment next week.**

Year 2

In maths we learnt about fractions. In English we started our new book 'Anna Hibiscus' and learnt more about using conjunctions to lengthen sentences and use more exciting adjectives. We also learnt about how different life was for children in the Victorian era. **Please read with your child 5 times a week. Use Bug Club - ask your teacher if you have forgotten your login. Practise your 2, 5 and 10 times table including doing them out of order.**

YEAR 3

This week we researched the Amazon rainforest - we thought about what lives there, how it grows, where it is. In maths we continued looking at how to tell the time. In enquiry we were scientists and looked at the functions of a plant. **Please read with your child at least 3 times a week and ask them questions about their reading. Please complete the homework sheet.**

Year 4

This week Year 4 kept revising for their multiplication screening which is now **only 6 days away.** We also went to IntoUniversity centre to learn about different types of careers like palaeontologists, scientists and product designers. As authors we started our new text 'The Song of The Dolphin Boy', and as mathematicians we worked hard comparing angles and types of triangles. **Please remember to practise for the times tables test on 13th June! It is only 6 days away now! 10 minutes a day on Times Tables Rock Stars can make all the difference. You will be tested on all of the times tables up to 12 x 12.**

Year 6

Year 6 were fantastic authors this week, writing a contrasting diary entry about the book 'Gorilla' by Anthony Brown. We were also engineers, learning all about forces and machines in preparation for our rocket launch next week! **At home, please help your child with regular reading at home - it is so important that the children keep this up during the last term and into the holidays.**

SUPERKIDS!

Reception: Abas

Gruffalo: Ayman

BFG: Adia

Woodpecker: Ahlam M

Year 5: Baktiar

Year 4: Jamia and Zahra

Year 6: Shay and Brayden



CULTURAL CELEBRATION DAY



THANK YOU TO THOSE WHO HELPED BY TALKING IN SCHOOL,
DONATING FOOD AND HELPING PUT ON THE EVENT!

SEND COFFEE AFTERNOON

WITH BRISTOL PARENT CARERS

**Tues 18th June
@ 2 - 3:30pm**

Come along to chat with Bristol Parent Carers & school staff to find out about services available locally to support your family and children

Hala (School Nurse) and Paul (from MHST) will also be there - please come along to meet them!



Hannah More
Primary School



Bristol Parent
Carer Forum
Shaping the Future Together

Would you like your child to make some healthy sweet swaps?



Sidra Hussain,
Beezee Families Nutritionist

We are here to help!

Our free healthy lifestyle programme can support families like yours make healthy habits. Help yourself to our sweet tips below.

1. Create a shopping list for the family, before going shopping.
2. Have a weekly sweet voucher. Your children choose when to "cash in" for a portion of sweets.
3. Use the **NHS Food Scanner** app to help find healthy swaps in the shops.
4. Try having a mix of fresh and dried fruits to help the sweet cravings, i.e. dried mango, bananas.
5. Remember to have dried fruits in small amounts as the sugar is more concentrated.
6. Mix things up and make fruit more fun - try making fruit cocktails, smoothies or ice lollies.
7. Look for healthy sweet treat recipes online. We might be biased but we think [beezeebodies.com/blog/category/recipes](https://www.beezeebodies.com/blog/category/recipes) is pretty good!

Beezee
Families



Like these tips and want to know more?
Check out our website now.*

*Our courses are for families with children aged 5+.

Scan the code

...or click here
to find out more

Sign up today!



EASTSIDE STAY + PLAY



A group for babies, toddlers, parents and carers to play and relax with a cuppa
Mums-to-be are also welcome to join us

Monday
Easton
Community
Centre



9.30 TO
11.30AM



Wednesday
Felix Road
Adventure
Playground



SUGGESTED DONATION OF £2 PER SESSION

Contact Jaiya on jaiya@upourstreet.org.uk
or call 01179 541 409



Free!

FOOD AT FELIX

FELIX COOKING CLUB

EVERY THURSDAY
TERM TIME
3.30 TO 5.30PM

TEA TIME CLUB

MONDAY TO FRIDAY
3.30 TO 5.30PM

Food is fuel for play!

Come cook and eat with us six days a week. Kids always eat for FREE.

FREE FOOD TO KEEP YOU ACTIVE

FIND OUT MORE
CALL Ollie: 07810506980
EMAIL ollie@upourstreet.org.uk
WEBSITE eastsidecommunitytrust.org.uk



SEND Family Club Activity session

2nd Saturday of the month
13:30 to 15:30
at Felix Road Adventure Playground, BS5 0JW

MONTHLY STAY AND PLAY
SESSIONS LED BY PARENTS,
FOR CHILDREN WITH
ADDITIONAL NEEDS AND
THEIR SIBLINGS.



QUIET HOUR



SUNDAYS + special events
1 TO 2PM (2 to 5pm open access)
at Felix Road Adventure Playground

Every Sunday and at special events we have a quiet hour for children who need calm and a more relaxed environment to play in. These sessions are aimed at children with sensory and additional needs who may find an open access session overwhelming or maybe just need a bit of space to get comfortable before we open the gates to everyone else.

During this hour you can expect:

The gate will be closed - this is to give families the confidence that their child can play freely without fear of running out into the road

A playworker will be on the gate to welcome you and your child/ren

For more information contact Ollie
ollie@upourstreet.org.uk / 07810 506 980



Celebrating 25 YEARS of IKEA Bristol



FREE
Family Fun

15th & 16th June 11am - 4pm
IKEA Bristol Outdoor Car Park

Family Fun Fair, games, prizes,
face painting, candy floss & more!

IKEA Family Swe-Dish Friday
14th June

Family activities throughout the store
for all our IKEA Family members!



© 2022 IKEA. All rights reserved.



Repair Cafe Easton Community Centre

Come along to Eastside Repair Cafe where we'll be repairing much-loved items in need of some TLC.

Bring along small electrical items, textiles and furniture. Enjoy a cuppa, learn new skills, and share yours.



1st Saturday of the month,
10am to 1pm

Contact details

Email - vic@upourstreet.org.uk
Facebook group search - Bristol Repair Cafes

Lead by local volunteers supported
by Eastside Community Trust



Mindfulness for Bristol Parents of SEND Children



Pause • Soften • Connect • Be

A Mindfulness Course for parents and carers living in Bristol, which looks at how to be with the stress and worry that comes from being in the role of a parent or carer of a child with additional needs.

This ten-week course allows us to notice how we habitually react when under stress and how practising mindfulness techniques can help us to regulate our emotions more effectively, including becoming more resilient during stress. With practise, we become more able to pause, soften, connect with our breath and be with difficulties in the moment. As a result, we may find we are able to respond more calmly and skilfully.

Evidence shows that when under stress, parenting skills are found to collapse. With Mindfulness for Parents, it's the parents' own stress and suffering, that is the primary focus of the training rather than the problem behaviour of the child.

Mindfulness for Parents/Carers supports you to:

- Reduce stress
- Reduce harmful intergenerational patterns of stressed-out parenting
- Improve emotional regulation
- Improve family communication and relationships

Online Mindfulness for Bristol Parents of SEND Children:

Day: Tuesdays 9.30 am – 12 noon
Dates: 24th September – 3rd December 2024 (Term time only)
Via: Online Zoom
Cost: FREE
Book: Call Claire-Louise on 07949399633
Contact: mppc.bristol@gmail.com
Website: <https://www.mppc.info>



The Coexist Community Kitchen & Trinity Community Arts is excited to present

Gardening & Cooking

We will be cooking delicious things on fire, making pickles, oils, chutneys and sharing lunch together after a morning of planting, sowing chopping and cooking!

Six sessions
Tuesday's at 10am - 1pm
28th May - 2nd July

Open to age 18+
Bus fares can be covered
Must commit to all six sessions

TRINITY:•

Trinity Community Arts,
Trinity Road, Bristol
BS2 0NW

Get in touch

To sign up, please email Kelly - kelly@coexistuk.org

DROP IN SESSIONS—NO NEED TO SIGN UP!

NOW ON WEDNESDAY AFTERNOONS!

**Do you want to practice speaking English?
Come to an English Conversation Club.**

Czy chcesz ćwiczyć rozmowy w języku angielskim? Przyłącz się do klubu konwersacyjnego English Conversation Club.

Ma doonaysaa in aad luqadda Ingiriisiga si fiican ugu hadasho? Kaalay oo ka qaybqaado kulamo gaar ah oo loogu talagalay xoojinta ama horumarinta ku hadalka luqadda Ingiriisiga.

یا آپ انگریزی بولنے کی مشق کرنا چاہتے ہیں؟
انگریزی بول چال کے کلب میں تشریف لائیں۔

Хочеш попрактикувати розмовну англійську?
Приєднуйся до англійського розмовного клубу
English Conversation Club.

SCAN QR code to find
out more



- Practice speaking English • Improve your confidence
- Meet new people • Term times only • Enjoy fun activities •

WEDNESDAYS 14:00-15:00

IN THE COMMUNITY ROOM

STARTS 17/04/2024

FREE Speaking classes in Bristol | No need to enrol—just turn up!



**COMMUNITY
LEARNING**

www.esolcc.org or contact Aggie on:

✉ esolconversationclubs@bristol.gov.uk

☎ 07768500673

PILATES & FITNESS

mixed group with tutor Mark

Tuesday evenings @ 6:30-7:30

This welcoming class is open to those at any level. With over 20 years of experience teaching Pilates, Mark will challenge everyone at their own level. Pilates improves physical strength, flexibility, and posture and can be enjoyed by people of all ages and abilities.



Sessions are on Tuesdays in the Community Room. Parking is available if needed.

For more information, email friendsofhannahmore@gmail.com
You will need to complete a short health questionnaire at the first session.



WINDRUSH

postcards project

SATURDAY 22ND JUNE

HANNAH MORE PRIMARY SCHOOL, BS2 0LT

DROP IN ANYTIME BETWEEN 10:30-1:30



Come and create a postcard to send to a friend. Learn about the Windrush generation and try some creative writing.

WITH ARTISTS LAURA AND JAZZ, AND POET SHANI

A **FREE** event, everyone is welcome.

Refreshments available!

For more information: friendsofhannahmore@gmail.com

NEAR NEIGHBOURS
BRINGING PEOPLE TOGETHER

WINDRUSH DAY



Department for Levelling Up,
Housing & Communities



Family Swim Sessions for Hannah More families

Saturdays 6 -7pm

Come and enjoy a swim at Easton pool for only £1 per person!



May 11 and 25

June 8 and 22

July 13 and 20

- Tickets available from the Monday before each swim.
- Children under 8 must have an adult in the water with them
- One adult can bring 2 children under 8