

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Gold Menu 2017

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 24-Apr 15-May 12-Jun 03-Jul 04-Sep 25-Sep 16-Oct	Main	Macaroni Cheese with Garlic Bread	Sausages Halal Sausages with Mashed Potato's & Gravy	Roast Chicken Halal chicken with Roast New Potatoes & Gravy	BBQ Chicken Halal BBQ Chicken with Rice	Fish Fingers with Chips Salmon Fish Finger with Chips Tomato Sauce
	Vegetarian	Spinach & Tomato Quiche with Baby New Potatoes	Vegetarian Sausages with Mashed Potato & Gravy	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Lenil & Vegetable Curry and Rice	French Bread Pizza with Chips
		Broccoli Sweetcorn	Carrots Garden Peas	Fresh Mixed Seasonal Vegetables	Mixed Peppers & Green Beans	Baked Beans Garden Peas
	Dessert	Lemon Drizzle Cake with Custard Yoghurt Fresh Fruit Platter	Low Sugar Fruit Jelly with Ice Cream Yoghurt Fresh Fruit Salad	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Chocolate Krispie Cake Yoghurt Fresh Fruit Salad	Jam Sponge with Custard Fresh Fruit Salad Yoghurt
Week 2 01-May 22-May 19-Jun 10-Jul 11-Sep 02-Oct 23-Oct	Main	Chicken & Broccoli Pasta (with organic chicken) Halal Chicken & Broccoli Pasta	Beef Burger in a Bun Halal Beef Burger in a Bun with Salad and Baked Wedges	Roast Turkey Halal Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognaise (with organic beef) Halal Beef Spaghetti Bolognaise	Battered Fish Chips, Tomato Sauce
	Vegetarian	Cheese & Tomato Pinwheel with Wedges	Vegetable Burger in a Bun with Salad and Baked Wedges	Vegetarian Quorn Roast with Roast Potatoes & Gravy	Vegetable Bolognaise	Feta, Tomato and Spinach Quiche with Chips
		Garden Peas & Sweetcorn Mix	Carrots Coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	Dessert	Chocolate Crunch with Custard Yoghurt Fresh Fruit Salad	Vanilla Cookies Yoghurt Fresh Fruit Platter	Low Sugar Fruit Trifle Yoghurt Fresh Fruit Salad	Neapolitan Ice Cream Yoghurt Fresh Fruit Platter	Carrot & Courgette Cake with Custard Yoghurt Fresh Fruit Salad
Week 3 08-May 05-Jun 26-Jun 17-Jul 18-Sep 09-Oct	Main	Chicken & Mushroom Pizza Halal Chicken & Mushroom Pizza with Baby New Potatoes	Meat balls in Tomato Sauce Halal Meat Balls in Tomato Sauce with Wholemeal Pasta	Roast Chicken & Stuffing Halal Roast Chicken & Stuffing with Roast New Potatoes & Gravy	Chicken Chow Mein (with Organic chicken) Halal Chicken Chow Mein with Noddle's	Fishwich with Chips, Tomato Sauce
	Vegetarian	Spanish Omelette with Baby New Potatoes	Potato and Courgette Layer Bake with Jacket Potato	Vegetarian Wellington with Roast Potatoes & Gravy	Jacket Potatoes with Cheese or tuna Mayonnaise & Coleslaw	Homemade Bean and Lentil Burger with Chips
		Sweetcorn and Mixed Peppers Mixed Salad	Cabbage and Carrots	Fresh Mixed Seasonal Vegetables	Broccoli and Cauliflower	Garden Peas Baked Beans
	Dessert	Apple Flapjack Yoghurt Fresh Fruit Salad	Low Sugar Fruit Jelly & Ice Cream Yoghurt Fresh Fruit Platter	Fruit Shortcake & Custard Yoghurt Fresh Fruit Salad	Pineapple Upside Down Cake Yoghurt Fresh Fruit Platter	Pear & Ginger Muffin Yoghurt Fresh Fruit Salad



Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt