

Activities for Hannah More parents - January 2018

We welcome parents at our school and we run lots of courses for adults. All courses are free and have crèche. More information available on the website and in the newsletter.

Tuesday 9.15-11.15 Help your child to read - for ESOL learners

Find out ways to help with reading at home and improve your English. Complete the course to get a free book. Register on 16 Jan 9.15-10.15. This course is suitable for ESOL learners.

Tuesday 9.15 -11.15 Mums' drama group

All mums welcome at this group which includes lots of laughter. Meet other mums, create a show and if you want you can perform it at the acta thatre! Drop in any week to find out more.

Wednesday 9.00 -10.00 Conversation Club - Improve your English

Drop in to this group to practise your speaking and listening skills and meet others. No need to register, just drop in any week. This group meets in the Hub.

Thursday 9.15 -11.15 Computer course

Job searching, setting up email and other computer skills. Especially suitable for learners who don't have a level 2 qualification. Enrols on 11th January. COURSE NOW FULL

Thursday 9.00 -11.15 ESOL entry 2/3 level

ESOL course for all learners at entry 2/3 level. Free course, free creche. Register 11 January.

Friday 9.45 -11.45 Mindfulness for Parents

Ways to deal with the stress and worry which can come from being a parent. Learn how to keep calm when faced with difficulties. 3 sessions, 19, 26 January and 2 February! Sign up in the office or come along on 19 January.

Friday 9.45 -10.30 Mums' fitness

Ladies only fitness sessions. All abilities and fitness levels welcome. This term we are learning volleyball. Drop in to find out more.

OPEN MORNING - come and see the school in action! 25 January. Booking essential.

**Homework
Club**

Thursdays 3.15 - 4.00
Come along and find
out more.

Breakfast club is open every day 8.00-8.30. Parents welcome as well - no need to book - and it's free!

